**OCR NOTICE OF NON DISCRIMINATION**

Hess Orthopaedic Center and Sports Medicine, PLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Hess Orthopaedic Center and Sports Medicine, PLC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

**Hess Orthopaedic Center and Sports Medicine, PLC:**

  • Provides free aids and services to people with disabilities to communicate effectively with us, such as:

  ○ Qualified sign language interpreters

  ○ Written information in other formats (large print, audio, accessible electronic formats, other formats)

  • Provides free language services to people whose primary language is not English, such as:

  ○ Qualified interpreters

  ○ Information written in other languages

If you need these services, contact Lindsay Agricola McHone, Practice Administrator

If you believe that Hess Orthopaedic Center and Sports Medicine, PLC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Lindsay A. McHone, Practice Administrator

4165 Quarles Court, Harrisonburg, VA 22801.

Ph: 540-434-1664 ext. 137; Fax: 540-433-5931.

Email: [lindsayathoc@ntelos.net](mailto:lindsayathoc@ntelos.net).

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Lindsay A. McHone, Practice Administrator, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)